

Supersedes Date: 2020-04-20

Effective Date:

Food Name:

Finished Foods:

FINISHED FOOD SPECIFICATION SHEET

Document:21.03.08Item Number:10144Program:21.0 Specification ProgramMarket:USALocation:CorporateCountry of Origin:USA

Date Validated: 2022-04-20 Controlled Copy

2022-04-20

Naturally Flavored Banana Muffin(s) Made With Whole Grain

Naturally Flavored Banana Muffin(s) Made With Whole Grain

Brand / Customer: Otis Spunkmeyer **Sub Brand:** Delicious Essentials



Food Item Description

A fully baked 2 oz cake-like banana muffin that is ready to thaw and serve. Delicious Essentials Muffins come in popular flavors that are individually wrapped. They are made to meet whole grain rich school requirements without sacrificing taste.

* Image provided for reference only. Actual item size and dimensions may be different.

Individual Food Specification

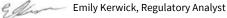
Net Weight of Individual Packaged Unit:

2 oz 57 g

Raw Piece Weight	Prepared Piece Weight
N/A oz	2 oz

Baked Item Dimensions			
	Minimum	Target	Maximum
Length (")	N/A	N/A	N/A
Width (")	N/A	N/A	N/A
Height (")	2.2	2.35	2.5
Circumference (")	N/A	N/A	N/A
Diameter (")	2.3	2.4	2.5
Weight (oz)	1.9	2	2.1

Prepared By: e //





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		PACKAG	ING	
FDA Produc	ct Code:N/A		Facility ID:1004	4055, 1101
USDA Establis	shment:N/A		Customer Code: N/A	
Packaging	Each muffin is individu	ually wrapped in film that is ful	ly labeled for retail sale. 72 ind	ividually wrapped muffins are packed pe
IW	Package Type:	IW	Food Contact Surface:	Film - G
	Pieces per IW:	1	UPC/GTIN:	013087101447
	IW Dimensions:	4.5 " L X 4.375 " W X 2.1875 " H	IW Cube (Cu. Ft.):	0.0249
	IW Gross Wt. :	N/A lbs N/A kg	IW Net Wt. :	0.125 lbs 0.0567 kg
	Net Wt. statement:	NET WT 2 OZ (57 GRAM	IS)	
Case	Package Type:	Case	UPC/GTIN:	10013087101444
	IW per Case :	72	Pieces per Case :	72
	Case Dimensions:	17.313 " L X 11.438 " W X 8.25 " H	Case Cube (Cu. Ft.):	0.945
	Case Gross Wt. :	10.75 lbs 4.88 kg	Case Net Wt. :	9 lbs 4.08 kg
	Net Wt. statement:	72 - 2 oz (57 g) MUFFINS	S / NET WT 9 lb (4.08 kg)	
	Cases per Row (Ti):	9		
	Rows per Pallet (Hi):	9		
	Cases per Pallet:	81		

A	ASPIRE BAKERIES	
	BAKERIES	5

Wheat Gluten (Canada):

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Contains

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ALLERGENS AND SENSITIVE INGREDIENTS

Barley: Contains Eggs: Contains Contains Gluten: Allergens Gluten Explained : Barley, Wheat Contains Soy: Wheat: Contains



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INGREDIENT STATEMENT

INGREDIENTS: WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, BANANAS, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: FRACTIONATED INTERESTERIFIED PALM OIL, CANOLA OIL, OAT FIBER, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, NATURAL BANANA FLAVOR, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, ENZYMES.

CONTAINS: EGGS, SOY, WHEAT.



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CN Statement

Does not require a CN label.

School Nutrition Information:

- 1. 11.8 grams whole wheat flour per muffin. Meets Whole Grain Rich criteria (minimum 8g whole grain per serving and minimum 50% of total grains as
- 2. 5 grams enriched wheat flour per muffin.
- 3. 16.8 grams total creditable grains per muffin.
- 4. 1.0 Creditable Grain Ounce Equivalents using grams of grain and Exhibit A serving weights.





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NUTRITION VALUES

X BAKED UNBAKED N/A Per 100g (unrounded):

Nutrients	Per Serving	Per 100g	Nutrients	Per Serving	Per 100g
Gram Weight (g)	56.699	100.000	Total Sugars (g)	16.604	29.285
Calories (kcal)	186.683	329.252	Added Sugar (g)	15.493	27.324
Calories from Fat (kcal)	54.306	95.779	Protein (g)	3.282	5.789
Calories from SatFat (kcal)	16.623	29.318	Vitamin D - mcg (mcg)	0.083	0.147
Fat (g)	6.034	10.642	Vitamin D - IU (IU)	3.371	5.946
Saturated Fat (g)	1.847	3.258	Calcium (mg)	31.161	54.959
Trans Fatty Acid (g)	0.051	0.090	Iron (mg)	0.880	1.553
Poly Fat (g)	1.532	2.701	Potassium (mg)	121.933	215.053
Mono Fat (g)	2.046	3.609	Vitamin A - IU (IU)	46.788	82.521
Cholesterol (mg)	38.024	67.063	Vitamin A - RAE (mcg)	7.816	13.785
Sodium (mg)	129.197	227.864	Vitamin C (mg)	2.076	3.661
Carbohydrates (g)	30.175	53.220	Water (g)	15.808	27.881
Dietary Fiber (2016) (g)	2.321	4.093	Ash (g)	0.960	1.694

Per Serving (Unrounded values):

%Total Calories from Fat 29.09% %Total Calories from Saturated Fat 8.90% %Total Sugar by Weight 29.28%

Per Serving (Rounded Nutrition Facts panel values):

%Total Calories from Fat 28.42% %Total Calories from Saturated Fat 7.89% %Total Sugar by Weight 29.82%

X BAKED UNBAKED N/A Retail panel:

IW: Case:

Nutrition Fa	acts
Serving size 1 muf	fin (57g)
Amount per serving	
Calories	190
Calories from Saturated Fat	15
	aily Value*
Total Fat 6g	8%
Saturated Fat 2g	9%
Trans Fat Og	370
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2q	
Cholesterol 40mg	13%
Sodium 130mg	6%
Total Carbohydrate 30g	11%
Dietary Fiber 2g	8%
Total Sugars 17g	
Includes 15g Added Sugars	31%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 0.9mg	4%
Potassium 120mg	2%
"The % Daily Value tells you how much a nu serving of food contributes to a daily diet. 2, day is used for general nutrition advice.	

Serving size	1 muffin (57g
Amount per serving	
Calories	190
Calories from Satural	
	% Daily Value
Total Fat 6g	89
Saturated Fat 2g	99
Trans Fat 0g	
Polyunsaturated Fat	1.5g
Monounsaturated Fa	t 2g
Cholesterol 40mg	139
Sodium 130mg	69
Total Carbohydrate 30	g 11°
Dietary Fiber 2g	8°
Total Sugars 17g	
Includes 15g Adde	d Sugars 319
Protein 3g	
Vitamin D 0.1mcg	09
Calcium 30mg	29
Iron 0.9mg	49

Nutrition Facts		Amount/serving % Daily Valu		* Amount/serving % Daily Value		
		Total Fat 6g	8%	Sodium 130mg	6%	
72 servings per container		Saturated Fat 2g	9%	Total Carbohydrate 30g	11%	
Serving size 1 muffin	(57g)	Trans Fat 0g		Dietary Fiber 2g	8%	
Calories		Polyunsaturated Fat 1.5g		Total Sugars 17g		
Calories 190	90	Monounsaturated Fat 2g		Includes 15g Added Sugars	31%	
Calories from Saturated Fat	15	Cholesterol 40mg	13%	Protein 3g		
		Vitamin D 0.1mcg 0% * Calcium 30mg 2% * Iron 0.9mg 4% * Potassium 120mg 2%				
		"The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.				

Above tabular/horizontal format may only be used if there are less than 40 square inches of total available labeling space or if there are less than 3 inches of available vertical labeling space.



A	ASPIRE
	BAKERIES

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CLAIMS

OU-D Kosher:

Yes **Smart Snack:**

Yes, sold to schools. Sold to Schools:

Eligible for the 50%+ Stamp. Minimum 11 grams or more whole grain per serving. Whole Grains Council Stamp:

Contains a bioengineered food ingredinet. Other:

Made with Whole Grain. Made with [ingredient]:

No High Fructose Corn Syrup

Minimum 50% of total grains as whole grains. Other:

Facts Up Front

Other:

- 1. Not more than 200 calories per serving. See nutrition information for cholesterol content.*
- 2. Not more than 35% of total calories from fat. Not low in fat. See nutrition information for cholesterol content.*
- 3. Not more than 10% of total calories from saturated fat. Not low in saturated fat. See nutrition information for cholesterol content.*
- 4. 0g Trans Fat per muffin. Not low in total or saturated fat. 6g fat and 40mg cholesterol per muffin. See nutrition information for cholesterol content.* For information purposes only. Trans fat statements will not be used on the label or in labeling for internal branded items.
- 5. Not more than 35% total sugar by weight. See nutrition information for cholesterol content.*
- 6. Not more than 200mg sodium per muffin. Not low in sodium. See nutrition information for cholesterol content.*

Other criteria:

1. Minimum 1g dietary fiber per muffin. Not low in total fat. 6g total fat per muffin.*

*Nutrition Facts panel must accompany these statements.

Prepared By: Emily Kerwick, Regulatory Analyst

Distributed: Frozen (-10 - 10°F)



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STORAGE & HANDLING

Total Shelf Life from Production (Days): 365

Best Before Date Format: Not applied by ARYZTA.

Cayce: Film: 0A1107 where "0" = last digit of production year, "A" = shift code, "1" wrapper #, "107" = Julian Lot Code Format (explained): production date. Case: 20A107 where "20" = last two digits of production year, "A" - shift code, "107" = Julian

production date. Other: 9HH180 where 9= last digit of year; HH= manufacturing plant; 1= shift; 80= Julian

Storage Conditions: Keep Frozen

Shelf Life After Baking: N/A After Baking Storage Type: N/A

Shelf Life After Defrosting: 21 days (in original, sealed film) After Defrost Storage Type: Ambient

Min-Max. Distribution Temperature: Frozen (-10 - 10°F)

Min. Shelf Life Remaining at Receipt at DC (Days): 30



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PREPARATION and / or BAKING INSTRUCTIONS

Thaw and serve. Must keep frozen until ready to use.

Prepared By: Emily Kerwick, Regulatory Analyst



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ADDITIONAL DETAILS

Distributed By:

Effective Date:

Aspire Bakeries

Los Angeles, CA 90045 USA

Supersedes Date: 2020-04-20

For more information contact 1-844-99ASPIRE (1-844-992-7747) or visit our website at www.otisspunkmeyer.com Text INFO to 877.660.2975 for bioengineered food information.

Otis Spunkmeyer® is a registered trademark of Aspire Bakeries LLC.

REVIEWS AND APPROVALS:

Tammy Wong, Director - R&D/Commercialization, April 17, 2020

